

CLAIMS

[1] A preparation comprising:

(1) (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol;

(2) fat and oil; and

(3) an antioxidant.

[2] The preparation according to claim 1, wherein the generation of a degradation product of (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol is suppressed.

[3] The preparation according to claim 1, wherein the degradation of (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol into 6E-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5(10),6,8(9)-triene-1,3,25-triol and/or (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol is suppressed.

[4] The preparation according to claim 2, wherein the degradation product of (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol is 6E-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5(10),6,8(9)-triene-1,3,25-triol and/or (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol.

[5] The preparation according to claim 2, wherein the degradation product of (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol is 6E-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-

secocholesta-5(10),6,8(9)-triene-1,3,25-triol and (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol.

[6] The preparation according to any one of claims 1 to 5, wherein the antioxidant is one member selected from dl- α -tocopherol, dibutylhydroxytoluene, butylhydroxyanisole, and propyl gallate.

[7] The preparation according to any one of claims 1 to 6, wherein the preparation is a soft capsule, hard capsule, or oily liquid preparation.

[8] The preparation according to any one of claims 1 to 7, wherein the preparation is a soft capsule.

[9] The preparation according to any one of claims 1 to 8, wherein the preparation comprises 0.000001 to 0.01% by weight of (5Z,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol relative to the fat and oil and 0.0001 to 12% by weight of the antioxidant relative to the fat and oil.

[10] (5E,7E)-(1R,2R,3R)-2-(3-hydroxypropoxy)-9,10-secocholesta-5,7,10(19)-triene-1,3,25-triol.